

The Secret of Contentment Philippians 4:10-23

A Full Heart of Genuine Thanksgiving (10, 14-16, 18-20)

➤ *Contentment takes root in the soil of gratitude. It begins with the recognition that all that we have is a gift from God.*

A Life Curriculum of Both Abundance and Need (11, 12)

➤ *Contentment grows or diminishes independent of our circumstances. It's an attitude we can learn through times of little and times of much.*

A Commitment to Keep Coming to Christ in our Need (13, 19)

➤ *Contentment flourishes when Christ alone is enough for me. It reaches maturity as we long for the true riches that only God in Christ can supply.*

Discovering the Secret of Contentment

- 1 – *Give thanks for God's provisions. They are many and varied.*
- 2 – *Stay alert to the lessons God is teaching in the ups and downs.*
- 3 – *Time in the sanctuary is essential to knowing the heart of God.*